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BENEFIT BULLETIN

Use TeleMed to save
on co-pays.
Your co-pay is **ONLY \$10!**

The Empire Blue Cross & Blue Shield offers their “Live Health On-Line” program to members enrolled in the OU Health Plan!

What is it? Easy, fast doctor visits from the comfort of your home, using your computer or mobile device, 24 hours a day, 7 days a week!

How do I use it? Sign up for LiveHealth Online, at www.livehealthonline.com, or download the mobile app, before you need the service.

When do I use it? In a true emergency, call 911 or go to your local Emergency Room (which has a \$100 co-pay); or Urgent Care facility (which has a \$35 co-pay). However, when you, or a covered member of your family, experience a non-emergency health issue such as a cold (or flu symptoms), cough, congestion, fever & headaches; allergies; sinus infections; sore throat; diarrhea; ear pain; pink eye; abrasions, or minor wounds; asthma; back pain; incontinence; insomnia; nausea/vomiting; rashes/skin disturbances/acne; urinary tract infections or similar **NON-EMERGENCY ILLNESSES**, arrange for a “LiveHealth Online” visit with a Board-Certified doctor – **FOR ONLY A \$10 CO-PAY!**

Once your family is enrolled, when these or similar symptoms occur, just connect with www.livehealthonline.com, log on with your email address & password to arrange a doctor visit using your computer, tablet or mobile smart phone that has a camera and microphone for instant messaging. Choose a doctor and click the GREEN CONNECT button to be connected. Have a credit card ready as you will have to pay your \$10 co-pay up front. LiveHealth Online will then bill the cost of your doctor visit to the Health Plan.

Your Co-Pay Costs for:
Hospital ER: \$100, or
Urgent Care visit: \$35, or
Doctor office visit: \$25,

OR

Only \$10 for LiveHealth Online

